

Different Boss Things I Can Do To Celebrate My Wins!

When you're juggling a variety of important tasks, it's easy to get overwhelmed, and lose interest, and motivation. Yep, kinda similar to what happened to me. What I learned during that entire process is that it's necessary for me to honor my feelings by acknowledging and accepting them. It's also important for me to celebrate ALL of my accomplishments more often. In other words, you and I have to celebrate our small and large wins on a weekly basis. You deserve to do something simple and wonderful for yourself!

The first thing I want you to do is to think about low cost and reasonable ways you can celebrate your wins. Can you enjoy a cup of your favorite tea or coffee, do a fancy manicure, buy a new book or journal, take yourself to dinner, or make your favorite dinner? Or, can you send yourself a shout out on social media, spend a quiet evening at home writing in your journal, or watching a good movie? It doesn't matter what you do as long as you take the time to do something celebratory.

I Accomplished My Goals Below:	I'm Going To Celebrate By:
1).	1).
2).	2).
3).	3).
4).	4).
5).	5).
6).	6).
7).	7).

The last thing I want you to do is to keep a list of your accomplishments in a notebook or binder so you can reflect on them later when you're feeling less than and unaccomplished. Doing something as simple as looking at what you've achieved during the previous week is a huge confidence and self-esteem booster. Now you're ready to make your list of celebratory things you're going to start doing today. I'm proud of you! #win

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Notes & More:
